

WORKBOOK

SUMMER COLLECTION

2019



TREKKING



ItalianDesign



03-07-2018

GABEL®
gabel.it

AREA TECNICA / TECHNICAL AREA



N.C.S. Nordic Click System di rilascio con un Click.

N.C.S. Nordic Click System - quick nordic strap release.



T.C.S. Top Click System Lacciolo regolabile e rimbambibile.

Removable automatic strap adjustment.



SOFT impugnatura traspirante e leggera.

Soft and light grip.

DIAMOND



Trattamento superficiale per dell'alluminio.

Aluminum surface treatment.



ALOCS Ossidazione superficiale protettiva dell'alluminio.

Aluminum oxide coating surface protection.



Rapporto peso lunghezza speciale

Ultralight poles with superior length/weight ratio.

FAST LOCK



Sistema di bloccaggio esterno ideale anche a basse temperature.

Fast and safe external locking system, ideal for low temperatures.



A.I.

Anti Impact Assorbe le vibrazioni dannose.

Absorbs harmful vibrations.

T.P.L.



Top Performance Locking

Sistema di bloccaggio interno con due punti di attrito.

Internal locking system with two points of friction.

L.L.S.



Light Locking System

Sistema di bloccaggio interno.

Internal locking system.

TWIST



Sistema di chiusura rapido brevettato.

Patented quick compacting system.

U-LOCK



Ultra Lock

Sistema di bloccaggio ad alte performance con leva in alluminio.

High performance locking system with aluminum lever.

WIRED



Sistema di chiusura rapido per un bastoncino super compatto.

Quick folding system for a very compact pole

S-CARBON



S-CARBON Carbonio ad alto modulo a geometria speciale.

Special high module carbon fiber with special geometry.

CARBON



Tubi leggeri e resistenti in carbonio alto modulo.

Light and resistant carbon shafts.

KEVLAR



Carbonio alto modulo rinforzato con Kevlar.

Carbon HM reinforced with KEVLAR fibers.

CARBIDE



Puntale in tungsteno.

Carbide tip.

* **Brevettato. Patented.**

TWIST LOCK

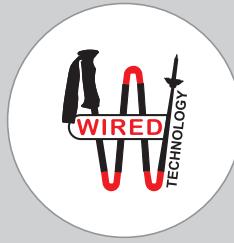


Twist Lock makes your poles compact! This locking system is operated through two simple, easy and intuitive steps. Just rotate by 90° degrees the lower section towards the open lock icon. Follow the instructions on the stick (open / closed padlock). In correspondence of the open lock, pulling outward, the lower section will be released from the top one. Once the lower section is released, this can be turned toward the upper one, making the stick compact. To put it back together, you just need to reinsert the lower section into the upper one, then rotate it toward the closed lock, with a 90° rotation. Once the different sections are locked, you can use your stick normally. The Twist Lock is interchangeable.

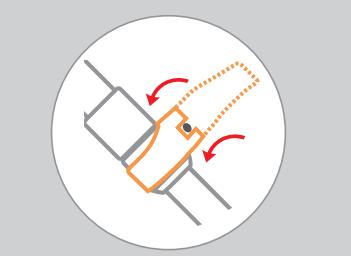
Twist Lock rende compatto il vostro bastoncino! Questo sistema di chiusura è azionabile attraverso due semplici gesti, facili ed intuitivi. Basta agire sul tubo principale del bastoncino, ruotando di 90° la sezione inferiore rispetto a quella superiore, osservando le indicazioni grafiche riportate nel tubo stesso (lucchetto aperto/chiuso). In corrispondenza del lucchetto aperto, tirando verso l'esterno, la sezione inferiore si sgancerà da quella superiore. Una volta rimossa, questa potrà essere girata su quella superiore, rendendo il bastoncino compatto. Per ricomporre il tutto, basterà reinserire la sezione inferiore su quella superiore, e ruotare la stessa nella direzione del lucchetto chiuso, con una rotazione di 90°. Una volta bloccate le varie sezioni, potrete utilizzare normalmente il vostro bastoncino. Il Twist Lock è intercambiabile.

Twist Lock macht den Stöcke kompakt! Diese Verriegelung wird durch zwei einfache, leichte und intuitive Schritte betrieben. Gerade auf dem Hauptrohr des Stabes wirken, indem der untere Abschnitt 90° in Bezug auf die obere Abschnitt. Folgen Sie den Anweisungen auf dem Stöcke (offen / geschlossen Vorhängeschloss). In Übereinstimmung mit dem offenen Schloss und zog nach außen, wird der untere Abschnitt von der obere Abschnitt freigegeben werden. Sobald der untere Abschnitt entfernt wird, kann diese in Richtung des oberen Abschnitt gedreht werden, so dass der Stick kompakt ist. Um das alles zusammen bringen, man muss nur den unteren Teil in die obere wieder einsetzen und drehen Sie ihn in die geschlossene Schloss, mit einer 90°-Drehung. Sobald die verschiedenen Abschnitte gesperrt sind, können Sie den Stöcke normal verwenden. Der Twist Lock ist austauschbar.

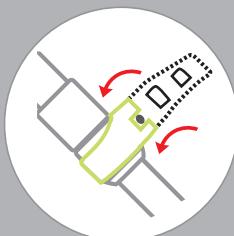
WIRED TECHNOLOGY



SPRING FAST LOCK S.F.L.



U-LOCK



un cavo in acciaio rivestito in plastica. Il vantaggio di questa tecnologia è avere un bastoncino compatto, leggero, poco ingombrante e facilmente trasportabile.

Die innovative WIRED-Technologie ermöglicht es, den Stock auf ein sehr kompaktes Packmaß zu falten, einfach und schnell durch den Pinverschluss. Durch das Zeltstangenprinzip ist der Stock im Handumdrehen wieder einsatzbereit. Der Vorteil liegt im Rucksacktauglichen Packmaß und der einfachen Bedienung. Leicht, stabil, bewahrt.

The FAST LOCK system is based on the locking clamp principle, as a valid alternative to conventional systems. FAST LOCK does not require rotation of the tubes, but locks them through an external lever mechanism, and is fast and effective, even at low temperatures and when wearing gloves.

Il sistema FAST LOCK si basa sul principio della chiusura a morsetto, diventando una valida alternativa ai sistemi tradizionali. FAST LOCK non obbliga alla rotazione dei tubi ma li blocca attraverso un meccanismo a leva esterno, efficace e rapido anche a basse temperature e con l'uso dei guanti.

Das FAST LOCK System basiert auch dem Klemmbügel Prinzip, als eine stichhaltige Alternative zu konventionellen Systemen. Durch FAST LOCK muss man das Rohr nicht drehen, denn es wird durch einen außenliegenden Flachspannhebelmechanismus geschlossen. Dazu kommt, dass durch FAST LOCK eine schnelle und effektive Verstellung des Stockes auch bei niedrigen Temperaturen oder beim Tragen von Handschuhen gewährleistet wird.

SNAKE CARBON



The recent "Snake Carbon" technology applied to the latest models developed by Gabel combines the excellent resistance of high modulus carbon fibre with a distinctive geometric structure, adding an innovative type of crystallisation technology. This process allowed to make the tubes 20% lighter, as well as boosting resistance by 18%. The combination of HD technologies with these new processes and materials has thus allowed us to introduce an outstanding new product onto the market.

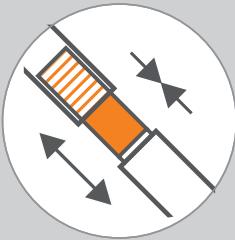
La recente tecnologia "Snake Carbon" applicata agli ultimi modelli sviluppati da Gabel, unisce l'elevata resistenza del tessuto in carbonio ad alto modulo ad una particolare struttura geometrica, abbinata ad una innovativa tecnologia di cristallizzazione. Tale processo ha permesso la riduzione di peso dei tubi di circa il 20%, aumen-

tandone la resistenza del 18%. L'abbinamento, quindi, delle tecnologie HD con questi nuovi processi e materiali, ci ha consentito di introdurre nel mercato una novità di altissimo livello.

Die kürzlich entwickelte, bei den neuesten von Gabel ausgearbeiteten Modellen angewandte Technologie "Snake Carbon" verbindet die hohe Widerstandsfähigkeit des Carbon-Gewebes mit hohem Modul mit einer besonderen geometrischen Struktur, kombiniert mit einer innovativen Kristallisierungstechnologie. Dieses Verfahren ermöglichte die Verminderung des Gewichts der Rohre um ca. 20%, bei gleichzeitiger Erhöhung der Widerstandsfähigkeit um 18%. Die Kombination der HD-Technologien mit diesen neuen Verfahren und Materialien hat uns somit in die Lage versetzt, eine Neuheit auf höchstem Niveau auf den Markt bringen zu können.



ANTI IMPACT



ANTI IMPACT
ON/OFF SPRING SYSTEM

The anti-impact system patented by Gabel absorbs at its maximum vibrations caused by the collision with the ground and eliminates the transmission of the bad vibrations (lower than 100Hz). Gabel Anti-Impact: the best confort you can ask for.

L'Anti-Impact brevettato da Gabel assorbe al massimo gli urti dovuti all'impatto con il terreno, eliminando di fatto la trasmissione delle vibrazioni dannose (inferiori a 100Hz). Gabel Anti-Impact: il confort al quale è difficile rinunciare.
Das patentierte Gabel Anti-Schlag-

System absorbiert maximal die Stöße und Vibrationen, die durch den Kontakt mit dem Boden verursacht werden, indem sie die schlechten Vibrationen (niedriger als 100Hz) eliminieren. Gabel Anti-Impact: Der Comfort, auf den du nicht verzichten kannst.

GABEL Anti Impact - Patented

What's behind our innovation

Many good things have been said about the use of adjustable Nordic Walking and Walking Poles for professional, recreational and healthcare use. GABEL have been at the forefront of many developments, particularly in relation to the ease and security of adjustment. We have now developed and patented a unique Anti Impact System which lessens the impact between pole and ground by reducing the jarring and prolonged vibration effect.

GABEL A.I. uses a micro cellular cushion similar to the material used by the automotive industry to dampen suspension systems. Most other brands use an uncushioned springs for their anti shock system; this can cause prolonged vibration problems as it reacts like a bouncy ball. Some other systems have used elastic non metallic materials but their effectiveness has been limited and compromised by the relationship to the tube diameters.

The GABEL A.I. softly and quickly absorbs the impact vibration, providing the most effective solution to the reduction of wrist and elbow stress, particularly on hard surfaces and prolonged downhill stretches. All users will appreciate the high level of extra comfort provided by the GABEL Anti Impact System.

GABEL Anti Impact - Brevettato

Cosa c'è dietro la nostra innovazione

Si sono dette molte cose interessanti sull'uso professionale, ricreativo ed anche riabilitativo di bastoncini telescopici da passeggio e da Nordic Walking. GABEL è stata promotrice di molti sviluppi, particolarmente in relazione alla sicurezza e alla facilità di regolazione. Ha ora sviluppato e brevettato (in Italia, pat. pend. in altri paesi) un singolare sistema ammortizzante - Anti Impact (AI)- che attenua l'impatto tra bastone e terreno, e ne riduce fortemente l'effetto di vibrazione prolungata.

Il sistema GABEL A.I. usa un 'cuscino' micro-cellulare in materiale simile al quello usato nell'industria automobilistica per smorzare le sospensioni. La maggior parte degli altri sistemi disponibili fanno uso di semplici molle, mancando quindi di smorzamento: questo può causare problemi di vibrazioni prolungate, dato che tendono a comportarsi come una palla elastica reagisce ad un colpo. Alcuni altri sistemi usano elementi elastici non metallici, ma la loro efficacia è spesso limitata o compromessa nel tempo, per le restrizioni imposte dal diametro del tubo.

Il sistema GABEL A.I. assorbe velocemente e dolcemente la vibrazione dell'impatto, fornendo la soluzione più efficace alla riduzione dello stress a livello di polso e gomito, soprattutto in caso di esercizio prolungato su superfi-

cie dure e/o in discesa. Qualsiasi utente potrà trarre beneficio dall'extra confort offerto dal sistema GABEL A.I.

Manutenzione dei prodotti con Anti Impact

Non esistono particolari attenzioni od istruzioni da osservare per il sistema GABEL A.I.. Il sistema di assorbimento è efficiente per tutta la vita del prodotto ed è "life time guaranteed". Le uniche due precauzioni necessarie sono:

Evitare che si sporchi l'interno della sez. diam. 18 (quella più grossa dove è fissata l'impugnatura) in modo che il tubo diam. 16 a cui è fissato il sistema GABEL A.I. possa scorrere facilmente.

Prestare molta attenzione nell'inserire la sezione centrale diametro 16. Infatti nell'inserimento si possono avere degli attriti all'imboccatura da provocare il disassamento delle due sezioni (diam. 16 e diam. 18) provocando la piegatura o rottura dello stelo filettato. Se questo si verificasse deve essere acquistata una nuova sezione di ricambio, disponibile presso il Vostro rivenditore di fiducia.

GABEL Anti Impact - Patented

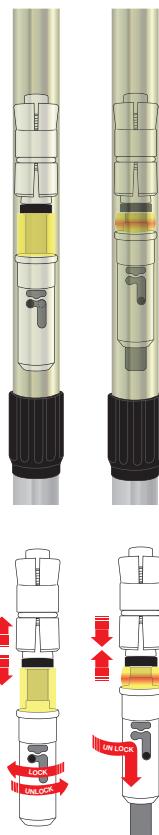
Was steckt hinter unserer neuesten Innovation

Der längenverstellbare Nordic Walking Stock hat sich mittlerweile in seiner vierfältigen Anwendung auf Grund seiner Vorteile voll durchgesetzt. GABEL hat insbesondere was die Fixierung betrifft entscheidend daran mitgewirkt. Die neueste Innovation von GABEL ist das patentierte und exklusive Anti Impact. Dieses neuartige Dämpfung System reduziert entscheidend den beim Stock Einsatz auftretenden Stoß und die auftretenden Vibrations Schwingungen. Damit wird der gesamte Bewegungsapparat im Arm- und Schulterbereich entscheidend entlastet.

Das GABEL Anti Impact nutzt dabei als Dämpfungsmaier einen Spezial Kunststoff wie er ähnlich im Automobil Bau für Stoßdämpfer eingesetzt wird. Die meisten anderen gefederten Trekking Stöcke benutzen im Gegensatz dazu eine Metall Feder. Dies kann eine verlängerte Vibration bedeuten und einen Trampolin Effekt erzeugen. Bei anderen Systemen die Kunststoff Dämpfungen verwenden, ist die Wirkung auf Grund des begrenzten Platzes, bedingt durch den geringen Rohrdurchmesser, begrenzt.

Das GABEL A.I. absorbiert dagegen die auftretenden Stöße schnell und weich. Es reduziert damit besonders effektiv die speziell auf hartem Untergrund und langen Abstiegen auftretenden Belastungen im Arm- und Schulterbereich.

Das neue GABEL Anti Impact mit seinem neuartigen Komfort wird deshalb auf Anhieb Jeden begeistern.





NEW



NEW

La scelta di Giampaolo Corona

Giampaolo Corona's choice



Giampaolo Corona

Mountain Guide
and high altitude climber

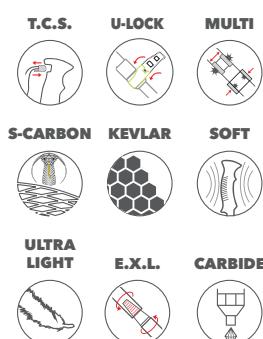
"Traveling, meeting people, discovering new places, always pursuing speed and self dependency. To achieve that I need to be light and my gear has to be absolutely reliable."

"Viaggiare, conoscere persone e posti nuovi, alla costante ricerca di essere veloce e autosufficiente. Per fare questo devo essere leggero e il materiale che uso deve essere assolutamente affidabile"

"Reisen, Leute treffen, neue Orte entdecken, immer auf der Suche nach Geschwindigkeit und Selbständigkeit. Dazu muss ich leicht sein und das Material, das ich benutze, muss absolut zuverlässig sein."



16 PA



Carbon Force F.L.K.

Snake Carbon
700865010

Size

217 g / 7.65 oz
66/142 cm / 26"/57"

Material

S-Carbon 100 + Kevlar
Ø 16/14/12 mm

Grip

Ergo Lite red + Touring
01/28 + 01/76

Strap

02/70 Tech Lite

Basket

TR + S.S. Power
03/37F + 03/27F

Tip

Multi Fit + Carbide
05/5 + 08/15

Optional

Basket - 03/39 Ø120



03/27 Ø90

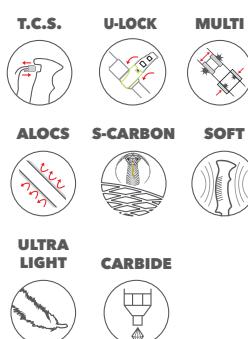


03/37 Ø38

OPTIONAL
03/39 FG
Ø120

NEW

16 PA



Multigrip Carbon F.L.

Snake Carbon + Alu
700845031

Size

255g / 9.00 oz
66-144 cm / 26"-58"

Material

S-Carbon 100 - AluF60
Ø 18/16/14 mm

Grip

Ergo Lite + Touring
01/28 + 01/58

Strap

02/70 Tech Lite

Basket

Power Race + S.S. Power
03/1-F - 03/27F

Tip

Multi Fit + Carbide
05/5 + 08/15

Optional

Basket - 03/39 Ø120

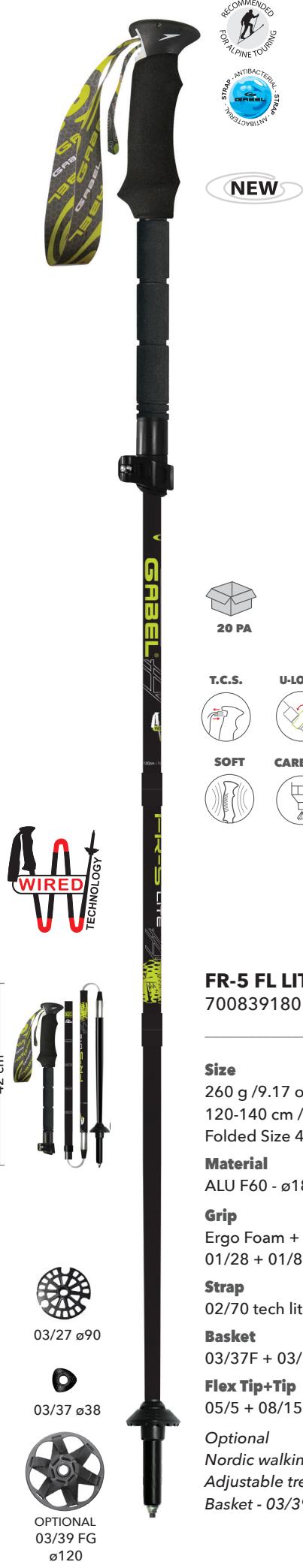


03/27 Ø90



03/1F Ø50

OPTIONAL
03/39 FG
Ø120





RECOMMENDED
FOR ALPINE TOURING

NEW



RECOMMENDED
FOR ALPINE TOURING

NEW

q.ty

110-130 / 44"-52"



20 PA

**FAST
LOCK**



SOFT



CARBIDE



20 PA

CARBIDE FAST LOCK



**ULTRA
LIGHT**



37 cm



OPTIONAL
03/39 ø120

FR-3

700839190

Size

290g / 10.22 oz
110cm - 130cm / 44" - 52"
Folded Size / 37cm/15"

Material

ALU F60 - ø18/16/14 mm

Grip

LM36

Tour grip

Strap

Adjustable padded

Basket

03/50 small ø53mm
03/51 large ø87mm

Tip

05/50 Carbide

Optional

Nordic walking bag
Adjustable trekking bag
Basket - 03/39 ø120



OPTIONAL
03/39 ø120

XTR Alu

700839270

Size

280g / 9.87 oz
110cm - 130cm / 44" - 52"
Folded Size / 37cm/15"

Material

Alu F60 - ø18/16/14mm

Grip

LM36

Strap

Adjustable padded

Basket

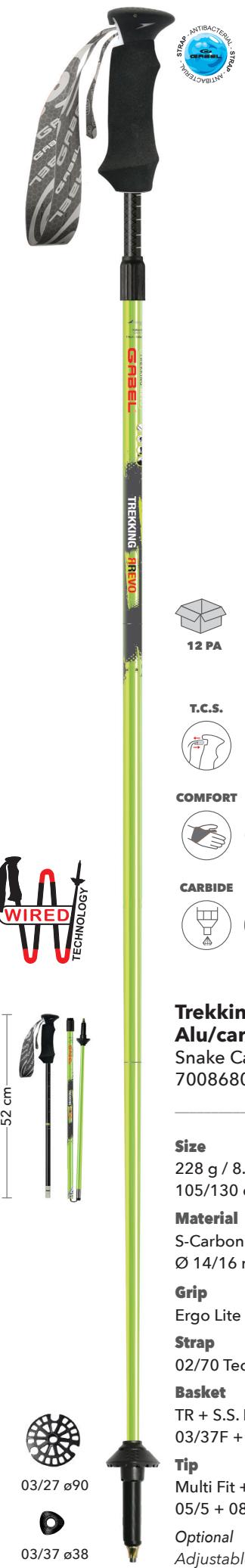
03/50 small ø53mm
03/51 large ø87mm

Tip

05/50 Carbide

Optional

Nordic walking bag
Adjustable trekking bag
Basket - 03/39 ø120



Fusion series

6 different activities in 1 pole



1



nordic walking



N.C.S. Comfort
02/36



Sport pad - 05/33



TR 03/37 ø38

2



trail running



NCS Adjustable
02/18



TR 03/37 ø38

3



snow shoeing



NCS Adjustable
02/18



S. S. Power
03/27 F ø90

4



alpine touring



NCS Adjustable
02/18



S. S. Power
03/27 F ø90

5



alpine skiing



NCS Adjustable
02/18



Power Race
03/1F ø 50

6



trekking hiking



NCS Adjustable
02/18



TR 03/37 ø38



Tip Protector
05/36 ø11

37 cm



Fusion wired
700836160

Size

295 g / 10.4 oz
110/130 cm / 44"/52"
Folded Size / 37cm/15"

Material

ALU F60 - Ø 18/16/14 mm

Grip

Dual Tech - 01/25

Strap

NCS Comfort 02/36 NCS
NCS Adjustable - 02/18 NCS

Basket

Power Race - 03/1F
S.S.Power - 03/27F
TR 03/37F

Tip

Vario Fit + Carbide
05/15 + 08/15
Tip Protector - 05/36

Walking pad

Sport pad - 05/33



Fusion Cork-Tech 700836151

Size

247 g / 8.71 oz
59/130 cm / 24"/52"

Material

ALU F56 - Ø 16/14/12 mm

Grip

Dual Cork
01/37

Strap

NCS Comfort 02/36 NCS

Basket

TR 03/37F

Tip

Vario Fit + Carbide
05/15 + 08/15

Walking pad

Sport pad - 05/33



Fusion XT F.L. 700836150

Size

247 g / 8.70 oz
66/145 cm / 26"/58"

Material

ALU F60 - Ø 18/16/14 mm

Grip

Dual Tech - 01/25

Strap

NCS Comfort 02/36 NCS
NCS Adjustable - 02/18 NCS

Basket

Power Race - 03/1F
S.S.Power - 03/27F
TR 03/37F

Tip

Fit + Carbide - 05/5 + 08/15
Tip Protector - 05/36

Walking pad

Sport pad - 05/33

Optional

Basket - 03/39 ø120

Discovery XT F.L.

6 different activities in one pole



NEW



1



alpine skiing



+



Comfort Automatic
TCS Logo 02/13 LG

+ Performance Disc
03/10F ø 60

2



alpine touring



+



Comfort Automatic
TCS Logo 02/13 LG

+ S. S. Power
03/27 F ø 90

3



snow shoeing



+



Comfort Automatic
TCS Logo 02/13 LG

+ S. S. Power
03/27 F ø 90

4



back country



+



Comfort Automatic
TCS Logo 02/13 LG

+ S. S. Power
03/27 F ø 90

5



trekking hiking



+



Comfort Automatic
TCS Logo 02/13 LG

+ TR 03/37 ø 38 + Tip Protector
05/36 ø 11

6



trail running



+



Comfort Automatic
TCS Logo 02/13 LG

TR 03/37 ø 38

Discovery XT F.L.
70084463

Size

270 g / 9.52 oz
66-144cm / 26"-58"

Material

ALU F60 - Ø 18/16/14 mm

Grip

01/29 + 01/80

Strap

02/13 Comfort Automatic TCS Logo

Basket

03/10+ 03/27F+ 03/37F
Performance Disc + S.S.
Power+TR

Tip

Multi Fit + Carbide - 05/5 +
08/15

Walking pad

Tip Protector - 05/36

Optional

Basket - 03/39 ø 120



03/27 ø 90



03/37 ø 38



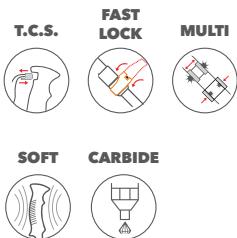
03/10 ø 60



05/36



OPTIONAL
03/39 FG



Mont Blanc Lite F.L.
700942020

Size

272 g / 9.59 oz
66-144cm / 26"-58"

Material

ALU F56 - Ø 18/16/14 mm

Grip

Dual Lite
01/29

Strap

Confort Automatic TCS
02/11LG

Basket

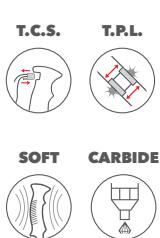
Trekking Lite + S.S. Power
03/24F + 03/27F

Tip

Multi Fit + Carbide
05/5 + 08/15



03/24 ø55



Mont Blanc Lite Red
700943070

Size

250 g / 8.81 oz
66-144cm / 26"-58"

Material

ALU F56 - Ø 18/16/14 mm

Grip

Dual Lite
01/29

Strap

Comfort Automatic TCS
02/11LG

Basket

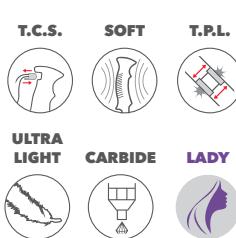
Trekking Lite
03/24F

Tip

Vario Fit + Carbide
05/15 + 08/15



03/24 ø55



Mont Blanc Lite Lady
700943210

Size

230 g / 8.11 oz
60-130 cm / 24"-52"

Material

ALU F56 - Ø 18/16/14 mm

Grip

Dual Lite
01/29

Strap

Comfort Automatic TCS
02/11LG

Basket

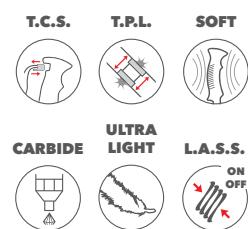
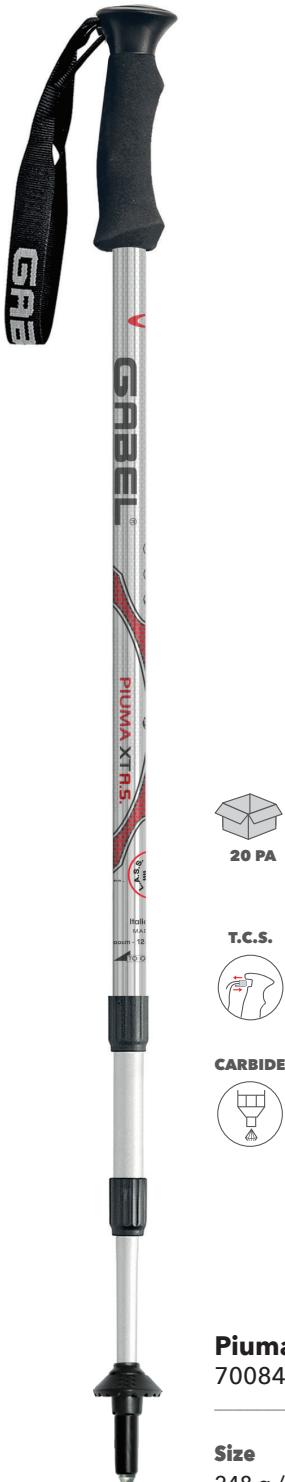
TR
03/37F

Tip

Vario Fit + Carbide
05/15 + 08/15



03/37 ø38



Piuma XT A.S.
700847515

Size

248 g / 8.74 oz
66-144cm / 26"-58"

Material

ALU F60 - Ø 18/16/14 mm

Grip

Dual Lite
01/29

Strap

Comfort Automatic TCS
02/11 LG

Basket

TR + S.S. Power
03/37F + 03/27F

Tip

Vario Fit + Carbide
05/15 + 08/15



Transalp
700838060

Size

283 g / 9.98 oz
64-144cm / 25"-58"

Material

ALU F56 - Ø 18/16/14 mm

Grip

Ergo Classic
1/43

Strap

ADJ Black 02/2

Basket

03/50F small 53mm
03/51F large 87mm

Tip

05/50 Carbide





CARBIDE **LADY**

Transalp Lite

700838070

Size

275 g / 9.7 oz
60-130 cm / 24"-52"

Material

ALU F56 - Ø 18/16/14 mm

Grip

Ergo Classic
01/43

Strap

ADJ Black 02/2

Basket

03/50F small 53mm
03/51F large 87mm

Tip

05/50 Carbide



03/50 ø53



T.P.L. **ULTRA LIGHT** **JUNIOR**

Energy

700740040

Size

190 g / 6.70 oz
66-108cm / 26"-43"

Material

ALU F45 - Ø 16/14 mm

Grip

Mid Size Soft
01/1G

Strap

Jr Adjustable
02/16-1

Basket

Performance Disc
03/1F

Tip

Vario Fit + Steel
05/15 + 08/8





- T.P.L.** **CARBIDE** **PHOTO**
-

XW Photo
700751020



Support
for Gun
01/19



03/24 ø55



- MULTI** **FAST LOCK** **A.I.**
ULTRA LIGHT **CARBIDE**
-

Voyager A.I.
700848020

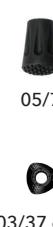


03/10 ø60



- CARBIDE** **FAST LOCK** **ULTRA LIGHT**
-

Passo F.L.
700842130



03/37 ø38



20 PA

SOFT **FAST LOCK****CARBIDE** **ALOCS****MULTI**

VERTIGO F.L. 700741270



20 PA

ULTRA LIGHT**CARBIDE**

VERTIGO LITE F.L. **XTL** 70084134



Cilaos Lite Antra 700744610

20 PA

SOFT **CARBIDE**

CILAOS LITE 700744600 lime



05/34 ø11



03/51 ø87



03/50 ø53

OPTIONAL
03/39 FC**Size**254 g / 8.96 oz
64-142cm / 25"-57"**Material**

ALU 6061- Ø 18/16/14mm

Grip

LM36 + 01/76 Touring

Strap

Adjustable buckle

Basket03/50F small 53mm
03/51F large 87mm**Tip**

05/50 Carbide

Optional
Basket - 03/39 ø120

05/34 ø11



03/51 ø87



03/50 ø53



05/34 ø11



03/51 ø87



03/50 ø53

Size258 g / 9.1 oz
68-142cm / 27"-56"**Material**

ALU 6061- Ø 18/16/14mm

Grip

LM36

Strap

Adjustable buckle

Basket03/50F small 53mm
03/51F large 87mm**Tip**

05/50 Carbide



antra A.S. 700744560



CILAOS A.S.
700744550 lime

Size

295 g / 10.41 oz
68-142cm / 27"-57"

Material

ALU 6061- Ø 18/16/14mm

Grip

01/43 - Dual Gummy

Strap

Adjustable buckle

Basket

03/50F small 53mm
03/51F large 87mm

Tip

05/50 Carbide



05/34 ø11



03/51 ø87



03/50 ø53



antra 700744530



CILAOS
700744520 lime

Size

285 g / 10.05 oz
68-142cm / 27"-57"

Material

ALU 6061- Ø 18/16/14mm

Grip

01/43 - Dual Gummy

Strap

Adjustable buckle

Basket

03/50F small 53mm
03/51F large 87mm

Tip

05/50 Carbide



05/34 ø11



03/51 ø87



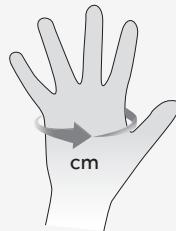
03/50 ø53

NORDIC GLOVES NCS

**N.C.S.
GLOVE**



GLOVES SIZES



cm	inch	size
16-17	6,3"-6,7"	5/5,5 XXS
18-19	7,09"-7,49"	6/6,5 XS
20-21	7,88"-8,27"	7/7,5 S
22-23	8,67"-9,06"	8/9,5 M
24-25	9,46"-9,85"	9/9,5 L
26	10,24"	10/10,5 XL



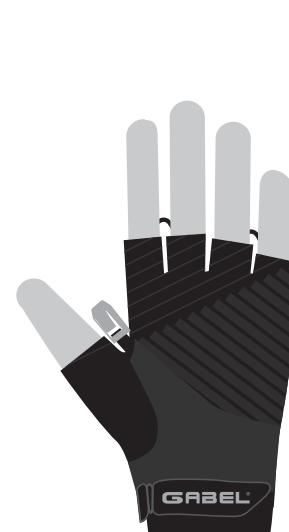
Nordic Lite Tech gray NCS
8015012100106/7/8/9/10
(1 pair)



Wind Tech blk/green NCS
801501210006/7/8/9/10
(1 pair)



Ergo Pro NCS
80150113001 grey - 80150113002 white - 80150113003 yellow



Ergo Lite NCS
80150114001 grey - 80150114002 white - 80150114003 yellow

GRIPS

Ergo Lite 01/28	Dual Lite 01/29	Dual Tech 01/25		Ergo Classic 01/43
				
7901281600003 ø16 Blk/RD 7901281600003 ø16 Blk/Wht 7901281800003 ø18 Blk/Wht	7901291601003 ø16 7901291801003 ø18	7901291400001 ø14 black 7901371600001 ø16 black	7901251800008 Lime ø18 7901251800003 White ø18 7901251600008 Lime ø16 7901251600003 White ø16 7901251600009 Black ø16 7901251600001 Silver ø16	7901431600002 ø16 silver
Mid Size Gummy 01/1G	Dual Eva 01/37	Dual Cork 01/37	Walking Dual Cork with strap 01/33	
				
7901101160108 green	7901371600403 ø 16 white			7901331800092 ø18 7901331600092 ø16
				7901191800001

STRAPS

Tech Lite 02/70	Comfort Automatic TCS 02/61 LG	Automatic TCS 02/62	NCS Adjustable 02/18	NCS Comfort 02/36	
					
79020270004 yellow 79020270007 red 79020270002 sil	7902061142802		7902062142802	7902018000011 (S)	7902023620011 (S)
7902017240002	Fit Link System 02/10 G	Cuneo/Wedge 07/11	790201100001 Y 790201100008 Y	79020112401010 (M)	7902023620012 (M)
Comfort Automatic TCS Logo 02/13 LG		Automatic TCS Logo 02/11 LG		Comfort XWP 02/2 XWP	7902023620013 (L) (1 pair)
					7902023620011 (S)
					7902023620012 (M)
					7902023620013 (L) (1 pair)

TOURING GRIPS

Foam Touring 01/78 - Ø 18 7901781809011	 9 cm	Foam Touring 01/81 - Ø 18 790181180211	 13 cm	Foam Touring 01/76 - Ø 16 7901761601211	 13 cm
Short Foam Touring 01/56 - Ø 16 7901561601001	 18 cm			Foam Touring 01/58 - Ø 18 7901581801001	 18 cm

BASKETS

Mesh 03/39 FG ø120 03/39 FC ø120	Power plus 03/28-F ø117	S. S. Power 03/27 F ø90	03/51F Ø 87 mm	SS. Touring 03/29 F
				
7903390004001 FG 7903390004011 FC	7903280104010	7903270104010	7903510104010	7903290104010
Performance Disc 03/10F ø 60	Trekking Lite 03/24 F ø55	Power Race 03/1F ø 50	TR 03/37 ø38	NW 03/40 F ø35
				
7903100014010	7903249904010	7903010104010	7903370004010	7903400004010
				7903500104010

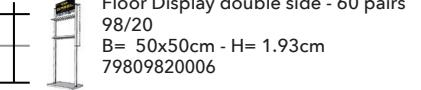
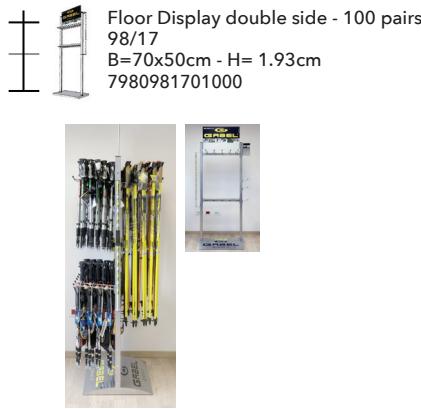
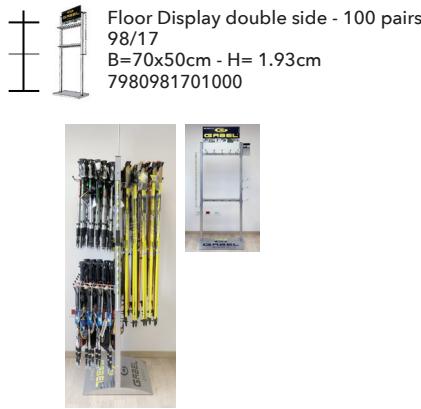
TIPS

Tip Protector 05/36 Ø11	Tip Protector 05/34 Ø11	Tip Protector 05/7 Ø13	Walking pad XXL 05/27	Sport pad 05/33	Vario fit + Steel 05/15 + 08/8
			 NEW	 NEW	
Vario Fit + Carbide 05/15 + 08/15	Multi Fit + Carbide 05/5 + 08/15	Ultralight + Carbide 05/15 + 08/15	Carbide Tip 05/50	Aero + Active Carbide 05/44 + 08/5	Aero+Carbide tip 05/43 + 08/15
					
79053611010	79053411010	79050713010	7905271305010 black 7905271305011 orange 7905271305012 green	7905331305010 black 7905331305011 orange	7905159800010

LOCKING PARTS

U-Lock Power Ø12/14/16/18	Fast Lock Spring S.F.L. 06/133 Ø14/12	Fast Lock Spring S.F.L. 06/134 Ø16/14	Fast Lock Spring S.F.L. 06/135 Ø18/16	Expander 06/23 Ø12	Expander 06/25 Ø14	Expander 06/27 Ø16
						
Anti Impact	A.I. on/off 06/28 Ø16 Ø14	A.I. 06/26 Ø12			Anti Impact elastomer absorber Ø11x10	Ø13x10
						
TPL 06/23 Ø12	TPL 06/25 Ø14	TPL 06/27 Ø16	A.S.		Twist Lock Cartridge	
						
7906231202219	7906251402220	7906271602220			7906000161401 (1 pair)	

DISPLAYS

	 B= 50x50cm - H= 1.93cm 79809820006	 B= 24x24cm - H= 5cm 811000009122	 B= 35x35cm - H= 5cm 811000009121
	 B=70x50cm - H= 1.93cm 7980981701000	 B= 45x45cm - H= 5cm 811000009123	 B= 45x45cm - H= 5cm 811000009123

BAGS



NW20 - 8009010700001



Gabel poles bag 25 Pairs - 25x150x23cm - 8009010500001



Gabel poles bag 2 pair - 85x18cm - 8009010500005



Gabel poles bag 1 pair - 130x12cm - 8009010500002



Adjustable Trekking Bag
Size 75x12cm
black 8009010100007

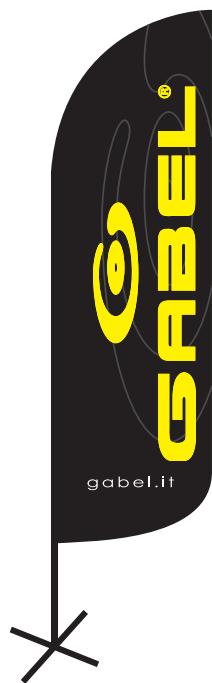


Stride waist bag - 2 bottles
8009010500102



Stride waist bag - 1 bottle
8009010500101

PROMO



GABEL FLAG
8110000001200 - Size 2m
8110000001201 - Size 4m



Gabel T-shirt Man Black
8110000010110



Gabel T-shirt Woman Black
8110000010106



Gabel Badge Holder
8110000006001



Gabel Stickers 145x60 mm
8110000002011



Gabel Stickers 94x38 mm
8110000002010



Gabel Banner
8110000001005
Size 300 x 80 cm.



For those who demand lightness and reliability combined with optimal comfort.

The best in the market for rugged use!

Per chi richiede leggerezza e affidabilità unite ad un comfort eccezionale. I migliori nel mercato per usi estremi.

Für diejenigen, die Leichtigkeit und Verlässlichkeit kombiniert mit sehr gutem Komfort verlangen. Der beste auf dem Markt für einen rauen Einsatz.

Pour ceux qui demandent la légèreté et la fiabilité avec un confort extraordinaire. Les meilleurs sur le marché pour les utilisations extrêmes.

Para los que requieren ligereza y fiabilidad unidas a un conf



The ideal travel companion for all uses and for all seasons, with an eye for the youngest enthusiasts.

I compagni ideali per tutti gli usi e per tutte le stagioni, con un occhio di riguardo per gli appassionati più giovani.

Der Ideale Reisebegleiter für alle Anwender und für jede Jahreszeit, auch für jugendliche Enthusiasten.

Les compagnons idéaux pour toutes les utilisations et pour toutes les saisons, avec une attention particulière pour les amateurs les plus jeunes.



When walking requires maximum safety. The indispensable poles to enjoy outdoor life.

Quando camminare richiede la massima sicurezza.

I bastoncini indispensabili per godersi la vita all'aria aperta.

Wenn beim Walken maximale Sicherheit genötigt wird. Der unverzichtbare Stock um das Leben in der Natur zu genießen.

Quand marcher demande la plus grande sécurité.

Les bâtons indispensables pour profiter de la vie en plein air.



For all those situations that require small size and minimum weight.

Maximum lightweight for exceptional performance.

Per tutte le situazioni che richiedono peso e dimensioni ridotte al minimo. Massima leggerezza per prestazioni eccezionali.

Für all diese Situationen in denen ein kleines Packmaß kombiniert mir geringem Gewicht benötigt wird. Ein extremes Leichtgewicht für einen außergewöhnlichen Einsatz.

Pour toutes les situations qui demandent un poids et des dimensions réduites au minimum. La plus grande légèreté pour des performances extraordinaires.



Ideal for frequent users with a need for reliability, strength and durability.

The most eclectic of all poles is accessible to everyone!

Uso frequente e bisogno di affidabilità, resistenza e durata nel tempo.

Il più eclettico dei bastoncini è accessibile a tutti.

Ideal für den häufigen Gebrauch und Erfordernis an Verlässlichkeit, Stärke und Haltbarkeit. Der Vielseitigste aller Stöcke, der für Jeden erschwinglich ist.

Utilisation fréquente et besoin de fiabilité, résistance et durée dans le temps. Le plus éclectique des bâtons est accessible à tous.

user guide TREKKING

Categories	Model Modello-Modell	LEVEL OF USER Livello di utilizzo-Umfang der Nutzung				ELEVATION Inclinazione-Neigung			DURATION OF EXCURSIONS Durata delle escursioni/ Dauer der Fahrten			WHIRLED TECHNOLOGY	TWIST LOCK TECHNOLOGY	ANTI IMPACT	Winter use				Recommended for Woman	length open/close cm	length open/close inches	Weight gr	Weight oz	WARRANTY 2 YEARS				
		Moderate	Intense	Pro-expert	Guide	< 15°	15°-30°	> 30°	1-3	3-7	> 7				Snow Shoes	Alpine Touring	Alpine Ski	Back Country	Compact									
Tech	CARBON FORCE FLK	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	66-142	28"-56"	217	7.65		
	MULTIGRIP F.L.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	66-144	26"-58"	255	9.00	
	FR-5 F.L. LITE XTL	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	120-140	45"-54"	260	9.17	
	FR-5 F.L. LITE XTS	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	105-125	42"-50"	243	8.57	
Pro	XTR Carbon	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	110-130	44"-52"	267	9.41	
	FR-3	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	110-130	44"-52"	290	10.22	
	XTR ALU	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	110-130	44"-52"	280	9.87	
	TREKKING-REVO	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	105-130	42"-52"	228	8.04	
	ESCAPE XT F.L.- A.I.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	65-142	26"-56"	229	8.07	
Expert	ESCAPE LITE F.L.- A.I.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	59-131	24"-52"	213	7.51	
	FUSION WIRED	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	61-132	24"-52"	294	10.37	
	FUSION CORK-TECH	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	59-130	24"-52"	210	7.40	
	FUSION XT F.L.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	68-145	28"-58"	247	8.70	
	DISCOVERY XT F.L.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	66-144	26"-58"	270	9.52	
	MONT BLANC LITE F.L.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	66-144	26"-58"	272	9.59	
	MONT BLANC LITE	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	66-144	26"-58"	250	8.81	
	MONT BLANC LITE LADY	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	60-130	24"-52"	230	8.11	
Classic	PIUMA XT A.S.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	66-144	26"-58"	248	8.74	
	TRANSALP	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	64-144	25"-58"	283	9.98	
	TRANSALP LITE	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	60-130	24"-52"	275	9.7	
	ENERGY	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	66-108	26"-43"	190	6.70	
	XW PHOTO	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	70-168	28"-67"	290	10.23	
	VOYAGER A.I.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	56-110	22"-44"	230	8.11	
	PASSO F.L.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	56-105	22"-42"	205	7.23	
Walking	VERTIGO F.L.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	64-142	25"-56"	254	8.96	
	CILAOS LITE	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	64-144	26"-58"	258	9.1	
	CILAOS A.S.	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	68-142	27"-56"	295	10.41	
	CILAOS	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	64-144	26"-58"	285	10.05	

trekking max loads

The diagrams show the safest maximum axial load (in kilograms and pounds) for the models indicated as a function of extension (in centimeters and inches) and under conditions of correct use (as explained in the Instructions section).

• Under favorable conditions, for a fraction of a second and up to 150 kg (331 lb), the momentary load can exceed the value given by the curves for a given length by up to approximately 20%.

• Although there are cases where the load can exceed 150kg (331 lb), such value should be considered as the practical load limit for safety reasons regarding grips and plastic tips, especially the longer types.

I diagrammi qui a fianco rappresentano il carico assiale massimo (continuo) di sicurezza (in chilogrammi e libbre), per i vari articoli indicati, in funzione dell'estensione (in centimetri e pollici) e sotto le ipotesi d'uso corretto come indicato nel manuale.

• In condizioni favorevoli, per una frazione di secondo e fino a 150 kg (331 lb), il carico momentaneo può superare di circa il 20% il valore dato dalle curve in corrispondenza ad una data lunghezza.

• Sebbene risultino casi con carico superiore a 150 kg (331 lb), tale valore va preso come limite pratico nell'uso normale, per questioni di margine di sicurezza su manopole e puntali in plastica, specie quelli lunghi.

Die Diagramme zeigen die maximale axiale Belastung (in Kilogramm und Pfund) für die einzelnen Modelle. Abhängig von der jeweiligen Länge (in Zentimeter und Inch). Voraussetzung ist, daß die Stöcke laut Gebrauchsanweisung benutzt werden.

• Unter günstigen Bedingungen kann für einen kurzen Moment und bis zu einem Belastungswert von 150 kg (331 lb) dieser Wert um ca. 20% überschritten werden.

• Die Belastungsgrenze von 150 kg (331 lb) soll wegen der Haltbarkeit der Griffe und Spitzen aus Sicherheitsgründen nicht überschritten werden.



1 Carbon Force F.L. / Multigrip F.L. / Fusion F.L. / Mont Blanc Lite F.L. / Piuma XT A.S. / Discovery XT / Fr-5 F.L. Lite / Escape carbon XT F.L. A.I / Escape carbon Lite XT F.L. A.I.

2 Mont Blanc / Mont Blanc Lady / XW Photo / Mont Blanc Tour / Piuma

3 Escape XT F.L. / Escape Lite / Tour Lite Lime / Classic Lite / X-Alp Tour F.L. / Overland Lite F.L.

4 Transalp / 5 Energy / 6 Voyager / Passo F.L.

7 Tr Alu Carbon F.L. / Fusion WRD / FR-3 F.L. / Tr-Alu F.L. / Cilaos / Cilaos Lite / Cilaos A.S.

8 Equipe Carbon Lite F.L. / Vertigo F.L. / Tr-Alu F.L.



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